



Conference

CUISINE

Ingredient List



Thursday

Welcome Reception

Gochujang Chicken Lollipops (GF, DF)

·Baked Chicken drumstick, Gochujang pepper paste, Brown sugar, GF Tamari soy, Ketchup, mirin, ginger,

Chilled Poached Shrimp (GF, DF)

·Mayonnaise, Mustard, white wine vinegar, pickles, capers, tarragon, shallot, chives, sea salt

Mozzarella Tomato Skewers (Vegetarian, GF)

·Cherry tomato, Mozzarella cheese, basil, garlic

Ratatouille Mushroom Caps (V, GF)

·Carrots, peppers, onion, garlic, mushroom, pesto without cheese

Sliced Seasonal Vegetable Display

·Carrots, radish, cucumber, Belgian endive, broccoli, cauliflower, asparagus, baby zucchini

Hummus (V, GF): tahini, garlic, garbanzo, extra virgin olive oil, paprika, lemon juice, salt

Vegan Ranch (V, GF): vegan mayo, lemon, Dijon mustard, onion powder, gluten-free nutritional yeast, garlic cloves, chives, dill, salt, pepper





Friday

Brunch Buffet

Menu Includes coffee, tea, and juice

Sliced Seasonal Fruit

Mixed Berry parfait

·Berries, Soy yogurt, Agave syrup

Local meat and cheese, nuts, dried fruit

·Gluten free crostini

Whole egg frittata (Vegetarian)

·Mushroom, sun-dried tomato, herb mozzarella

Sweet potato hash (V, GF)

·Onions, garlic, salt, olive oil

Scrambled Tofu Casserole with Mushrooms and Spinach

·Red onion, fresh cremini or button mushrooms, red bell pepper, fresh parsley, garlic, oregano, thyme, turmeric, tofu, spinach, lemon juice, salt, pepper, gluten-free bread, cherry tomatoes, ketchup

Grilled Asparagus Salad

·Shaved Fennel, arugula, sherry dressing, Manchego cheese (on the side)

Roasted Pork Loin

·Salt, pepper, roasted root vegetables, jus

Coconut panna cotta, passion fruit puree (V, GF)

·Coconut milk, coconut cream, brown sugar, agar-agar



Saturday:

Breakfast Buffet

Menu Includes coffee, tea, and juice

Tropical Fruit salad

·Watermelon, papaya, strawberries, kiwi, blueberries, mint

Chia Seed and coconut pudding

·Blueberries, toasted almonds, coconut milk, agave, chia seeds

Chilaquiles bar (all items deconstructed)

·Salsa roja, salsa verde, corn tortilla strips, roasted peppers, grilled onions, queso fresco, pepper jack cheese, shaved onion, cilantro

Scrambled Eggs

·Salt, butter

Pinto Tofu Scramble, Salsa Verde (V)

·Pinto beans, tofu, tomatillo, onion, garlic, cilantro

Pork Sausage

·Pork, water, salt, sugar, collagen casing, citric acid

Papas with sauteed greens, salt, pepper

·Update to: Sweet potato, onion, sauteed greens, salt, pepper, extra virgin olive oil


Corn and Flour Tortillas (Gluten-free and regular)

Lunch Buffet

Menu Includes coffee, decaf, and iced tea

Mixed baby greens

·Seasonal shaved vegetables crudité, strawberries, goat cheese (*on the side), lemon dressing (champagne vinegar, Dijon mustard, lemon juice, shallots, oil blend, white sugar)





Spicy Kale and Lentil Salad

·Radish, pumpkin seeds, pecorino (*on the side), lemon-tahini dressing (Dijon Mustard, champagne vinegar, shallot, tahini, lemon juice, oil blend, salt, pepper)

Oven Roasted Salmon

·Lemon butter sauce, grilled scallions,

Roasted chicken

·Cauliflower, parsley, chimichurri sauce (red wine vinegar, Parsley, garlic, chili flakes, shallot, salt, pepper)

Tempeh Sheppard's pie (V, GF)

·Potato, Carrots, onions, celery, Mushrooms, Tempeh tomato paste, thyme, rosemary, sage, salt, pepper

Market vegetables

·Green cardamom-infused olive oil, salt

Quinoa

·Salt, vegetable stock

Seasonal fruit tarts (V, GF)

·Vegan Gluten Free Tart Shell: buckwheat and black sesame-based tart shell (Chef Warehouse)

·Pastry Cream: Vegan butter, Almond milk, arrowroot, brown sugar, Salt, Vanilla paste

Strawberry shortcake (V, GF)

·Shortcake: G.F Flour, Almond flour, arrowroot, brown sugar, Salt, Baking Powder, Coconut oil

·Vegan Heavy Whipping Cream (Chef Warehouse) (*on the side)

·Strawberries

Mediterranean Dinner Buffet

Menu Includes coffee, decaf, and hot tea

White bean hummus/za'atar spice/olive oil

·White bean, tahini, garlic, salt, olive oil

Herb grilled pita/grissini

·Gluten-free flour, yogurt, yeast, brown sugar, salt, extra virgin olive oil

Grilled vegetables

·Asparagus, zucchini, squash, red onion, basil oil, balsamic reduction, mushroom, carrot

Deconstructed Panzanella Salad

·Cucumber, focaccia croutons, sun dried tomatoes, Italian herbs, Manchego cheese, capers, herb lemon vinaigrette, salt, pepper, gluten-free croutons, sundried tomato, Manchego cheese, capers, oil, Italian herbs, vinegar (cheese & croutons on the side)

Vegan penne pasta/lemon/artichoke/capers

·Dry penne gluten-free pasta, basil, onion, garlic, tomato, artichoke, capers, salt, pepper, extra virgin olive oil

Red pepper polenta/roasted mushrooms/kale/sweet potatoes/harissa miso dressing

·Roasted red peppers, Polenta, garlic, kale, sweet potato, cheese, harissa spice, miso, extra virgin olive oil, vinegar, salt pepper (cheese on the side)

Moroccan chicken thighs/eggplant/tomato/garbanzo beans/charred lemon

·Chicken thigh Garlic, lemon, cumin, ginger, paprika, salt, pepper, turmeric, onion, garlic, parsley, extra virgin olive oil

Grilled rosemary lamb chops/lemon-scented rice/garlic tahini/paprika

·Rice, garlic, tahini, paprika, lemon, rosemary, salt, pepper, lamb chops, extra virgin olive oil

Vegan baklava/agave/pistachio

·Gluten-free Puff dough, pistachio, cinnamon, brown sugar, water, agave, rosewater

Chia pudding/caracara orange/coconut/pomegranate

·Coconut milk, agave, chia, caracara orange, pomegranate





Sunday

Breakfast Buffet

Menu Includes coffee, tea, and juice

Seasonal Sliced fruit and berries

·Cantaloupe, pineapple, honeydew, berries

Assorted sliced breads and mini bagels include GF BREAD

·Cream cheese, peanut butter

Scrambled eggs with fresh chives

·Butter, salt

Tofu Scramble with vegan cheese (V)

·Tofu, turmeric, broccoli, garlic, shallots, salt, pepper, vegan cheese chops, extra virgin olive oil

Applewood smoked bacon

·Pork, water, salt, maple syrup, brown sugar

Roasted potato

·Grilled onions and parsley, thyme, rosemary

Sautéed Spinach, garlic, shallots salt and pepper, white wine