


The Dental Dilemma™

NANP HealCon 2023
Bellevue, WA
Kelly J. Blodgett, DMD, NMD, IBDM

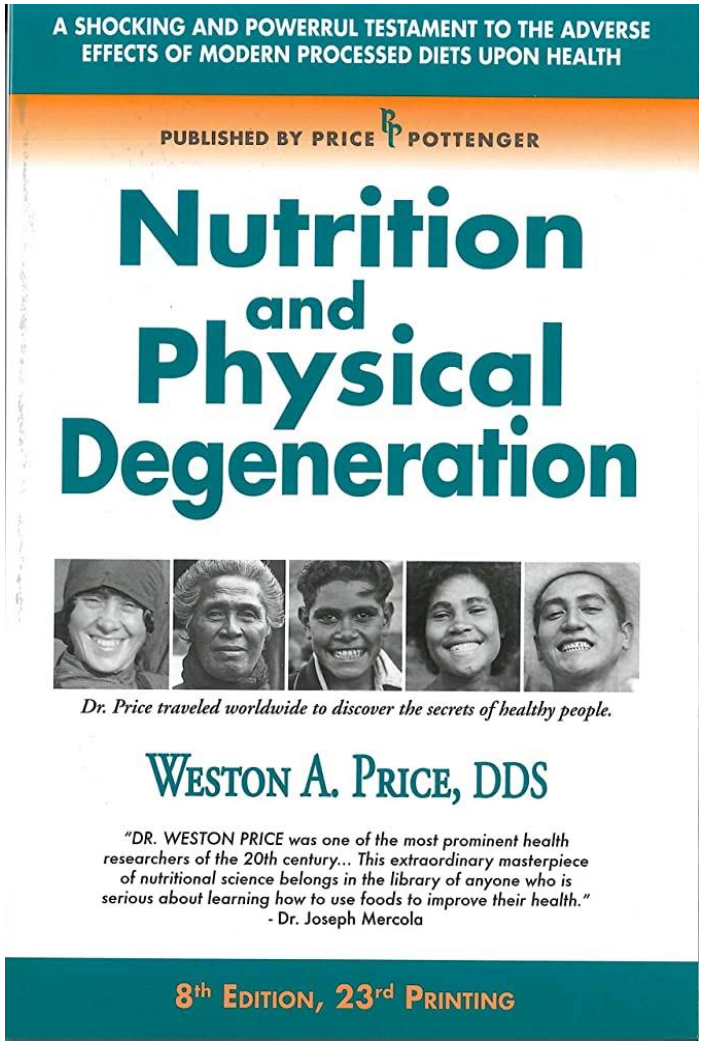
By the end of our talk…

- **Understand which dental treatments can make you sick**
- **Equip you with questions to ask your clients/patients**
- **Enable you to foster complete health with your clients**

The root issue:

The root issue:

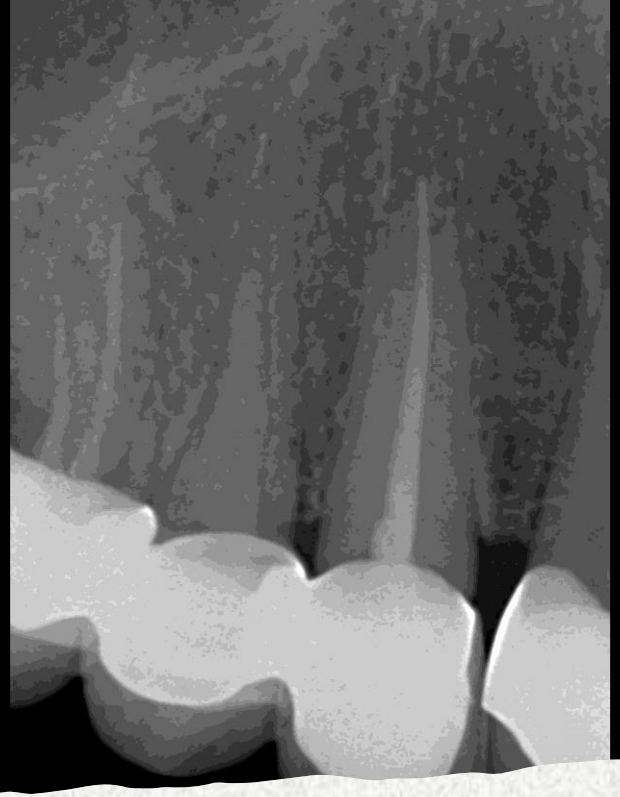
Dr. Weston Price (Dentist!)



Dental Myths

Traditional Dental Hypocrisy

- ***Antibiotic P.A.C.** (AHA) but ignore chronic RCT infections/cavitations*
- ***Mercury** – known neurotoxin, but "safe" in the mouth*
  - *(www.iaomt.org)*
- ***Fluoride** – known neurotoxin (and thyroid), but in water/food supply*
  - *(www.fluoridealert.org)*
- ***Root canals** – 100% infected in 30 days, but millions done per year*
  - *(Hidden Epidemic – Dr. Tom Levy)*

Please stand if you have had…

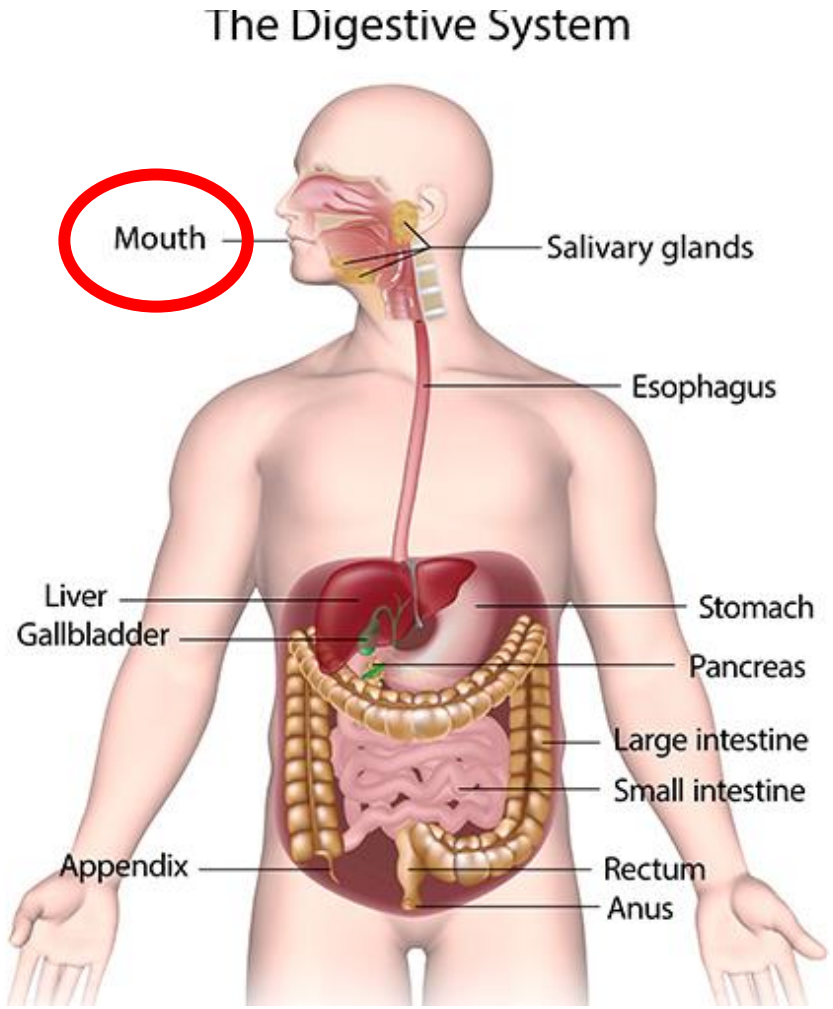
The main reason your clients won’t improve

Acupuncture Meridian Relationships Between Teeth and Body Organs

Meridian	Small Intestine	Stomach	Stomach	Large Intestine	Large Intestine	Gallbladder liver	Bladder	Bladder, kidney	Bladder, kidney	Bladder	Gallbladder liver	Large Intestine	Large Intestine	Stomach	Stomach	Small Intestine	Meridian
Sense Organs	Inner Ear	Maxillary sinus	Maxillary sinus	Ethmoid cells, maxillary sinus	Ethmoid cells, maxillary sinus, eye	Eye	Frontal sinus	Frontal sinus	Frontal sinus	Frontal sinus	Eye	Ethmoid cells, maxillary sinus, eye	Ethmoid cells, maxillary sinus	Maxillary sinus	Maxillary sinus	Inner Ear	Sense Organs
Muscles	Lower & Upper Extremities	Trunk muscles	Trunk muscles	Trunk & extremities	Trunk & extremities	Trunk muscles	Lower extremities	Lower extremities	Lower extremities	Lower extremities	Trunk muscles	Trunk & extremities	Trunk & extremities	Trunk muscles	Trunk muscles	Lower & Upper Extremities	Muscles
Joints	Shoulder, elbow, hand, foot, SI-joint	Knee, mandible & shoulder	Mandible & knee	Shoulder, elbow, hand & foot	Shoulder, elbow, hand & foot	Hip, knee & foot	Sacrum, coccyx, knee & foot	Sacrum, coccyx, knee & foot	Sacrum, coccyx, knee & foot	Sacrum, coccyx, knee & foot	Hip, knee & foot	Shoulder, elbow, hand & foot	Shoulder, elbow, hand & foot	Mandible & knee	Knee, mandible & shoulder	Shoulder, elbow, hand, foot, SI-joint	Joints
Spinal Segment	C8, T1, T5, T6, T7, S1, S2 & S3	T11, T12 & L1	T11, T12 & L1	C5, C6, C7, T2, T3, T4, L4 & L5	C5, C6, C7, T2, T3, T4, L4 & L5	T8, T9 & T10	L2, L3, S4, S5 & coccyx	L2, L3, S4, S5 & coccyx	L2, L3, S4, S5 & coccyx	L2, L3, S4, S5 & coccyx	T8, T9 & T10	C5, C6, C7, T2, T3, T4, L4 & L5	C5, C6, C7, T2, T3, T4, L4 & L5	T11, T12 & L1	T11, T12 & L1	C8, T1, T5, T6, T7, S1, S2 & S3	Spinal Segment
Vertebrae	C8, T1, T5, T6, S1 & S2	T11, T12 & L1	T11, T12 & L1	C5, C6, C7, T3, T4, L4 & L5	C5, C6, C7, T3, T4, L4 & L5	T9 & T10	L2, L3, S3, S4, S5 & coccyx	L2, L3, S3, S4, S5 & coccyx	L2, L3, S3, S4, S5 & coccyx	L2, L3, S3, S4, S5 & coccyx	T9 & T10	C5, C6, C7, T3, T4, L4 & L5	C5, C6, C7, T3, T4, L4 & L5	T11, T12 & L1	T11, T12 & L1	C8, T1, T5, T6, S1 & S2	Vertebrae
Endocrine Glands	Anterior lobe of pituitary	Parathyroid, adrenal & pineal	Pituitary & thyroid	Thyroid & thymus	Posterior lobe of pituitary, thyroid	Posterior lode of pituitary	Pineal	Pineal, epididymus	Pineal, epididymus	Pineal	Posterior lode of pituitary	Posterior lobe of pituitary, thyroid	Thyroid & thymus	Pituitary & thyroid	Parathyroid, adrenal & pineal	Anterior lobe of pituitary	Endocrine Glands
Yin Organs Yang	Heart Duodenum	Pancreas Stomach & bladder	Liver, kidney, pancreas Stomach	Lung R, liver Sm & Lg intestine, gallbladder, duodenum	Lung R, liver, pancreas Lg intestine R stomach	Liver R, heart Gallbladder	Kidney R Bladder	Kidney L Bladder	Kidney L Bladder	Kidney L Bladder	Liver L, heart Bile ducts L	Lung L, liver, pancreas Lg intestine L stomach	Lung L, liver Sm & Lg intestine, gallbladder, duodenum	Liver, kidney, spleen Stomach	Spleen Stomach & bladder	Heart Jejunum, ileum L	Yin Organs Yang
Tooth Upper Right	Wisdom	2nd molar	1st molar	2nd premolar	1st premolar	Canine	2nd incisor	1st incisor	1st incisor	2nd incisor	Canine	1st premolar	2nd premolar	1st molar	2nd molar	Wisdom	Tooth Upper Left
Tooth Lower Right	Wisdom	2nd molar	1st molar	2nd premolar	1st premolar	Canine	2nd incisor	1st incisor	1st incisor	2nd incisor	Canine	1st premolar	2nd premolar	1st molar	2nd molar	Wisdom	Tooth Lower Left
Yang Organs Yin	Ileum R Heart	Lg Intestine R Lung R	Lg Intestine R Lung R	Stomach R, pylorus Pancreas	Stomach R, pylorus Pancreas, liver	Gallbladder Liver, lungs & pancreas	Bladder Kidney R	Bladder Kidney L	Bladder Kidney L	Bladder Kidney L	Bile ducts L Liver, lungs & pancreas	Stomach Spleen, pancreas, liver	Stomach Spleen	Lg Intestine L Lung L	Lg Intestine L Lung L	Jejunum, ileum L Heart, liver	Yang Organs Yin
Endocrine Glands		Pineal	Pituitary	Thyroid	Gonads	Gonads	Adrenals	Adrenals, epididymus	Adrenals, epididymus	Adrenals	Gonads	Gonads	Thyroid	Pituitary	Pineal		Endocrine Glands
Vertebrae	C7, T1, T5, T6, S1 & S2	C5, C6, C7, T3, T4, L4 & L5	C5, C6, C7, T3, T4, L4 & L5	T6, T7 & L1	T11, T12 & L1	T9 & T10	L2, L3, S3, S4, S5 & coccyx	L2, L3, S3, S4, S5 & coccyx	L2, L3, S3, S4, S5 & coccyx	L2, L3, S3, S4, S5 & coccyx	T9 & T10	T11, T12 & L1	T6, T7 & L1	C5, C6, C7, T3, T4, L4 & L5	C5, C6, C7, T3, T4, L4 & L5	C7, T1, T5, T6, S1 & S2	Vertebrae
Spinal Segment	C8, T1, T5, T6, T7, S1, S2 & S3	C5, C6, C7, T2, T3, T4, L4 & L5	C5, C6, C7, T2, T3, T4, L4 & L5	T6, T7 & L1	T11, T12 & L1	T8, T9 & T10	L2, L3, S4, S5 & coccyx	L2, L3, S4, S5 & coccyx	L2, L3, S4, S5 & coccyx	L2, L3, S4, S5 & coccyx	T8, T9 & T10	T11, T12 & L1	T6, T7 & L1	C5, C6, C7, T2, T3, T4, L4 & L5	C5, C6, C7, T2, T3, T4, L4 & L5	C8, T1, T5, T6, T7, S1, S2 & S3	Spinal Segment
Joints	Shoulder, elbow, hand, foot, SI-joint	Shoulder, elbow, hand, knee, foot, SI-joint	Shoulder, elbow, hand, knee, foot, SI-joint	Mandible, hips, knee & foot	Mandible & knee	Hips, knee & foot	Sacrum, coccyx, knee & foot	Sacrum, coccyx, knee & foot	Sacrum, coccyx, knee & foot	Sacrum, coccyx, knee & foot	Hips, knee & foot	Mandible & knee	Mandible, hips, knee & foot	Shoulder, elbow, hand, knee, foot, SI-joint	Shoulder, elbow, hand, knee, foot, SI-joint	Shoulder, elbow, hand, foot, SI-joint	Joints
Muscles	Lower & Upper Extremities	Lower & upper extremities	Lower & upper extremities	Trunk muscle	Trunk muscles		Lower extremities	Lower extremities	Lower extremities	Lower extremities		Trunk muscles	Trunk muscle	Lower & upper extremities	Lower & upper extremities	Lower & Upper Extremities	Muscles
Sense Organs	Ear & eye	Ethmoid cells	Ethmoid cells	Maxillary sinus	Maxillary sinus	Eye	Frontal sinus	Frontal sinus	Frontal sinus	Frontal sinus	Eye	Maxillary sinus	Maxillary sinus	Ethmoid cells	Ethmoid cells	Ear & eye	Sense Organs
Meridian	Small	Large	Large	Stomach	Stomach	Gallbladder,	Bladder	Bladder,	Bladder,	Bladder	Gallbladder,	Stomach	Stomach	Large	Large	Small	Meridian

Everything Is Connected!

The beginning of the G.I. tract starts with…



Three routes of toxic exposure from dentistry

- Inhalation
- Digestion
- Mucosal and bone absorption

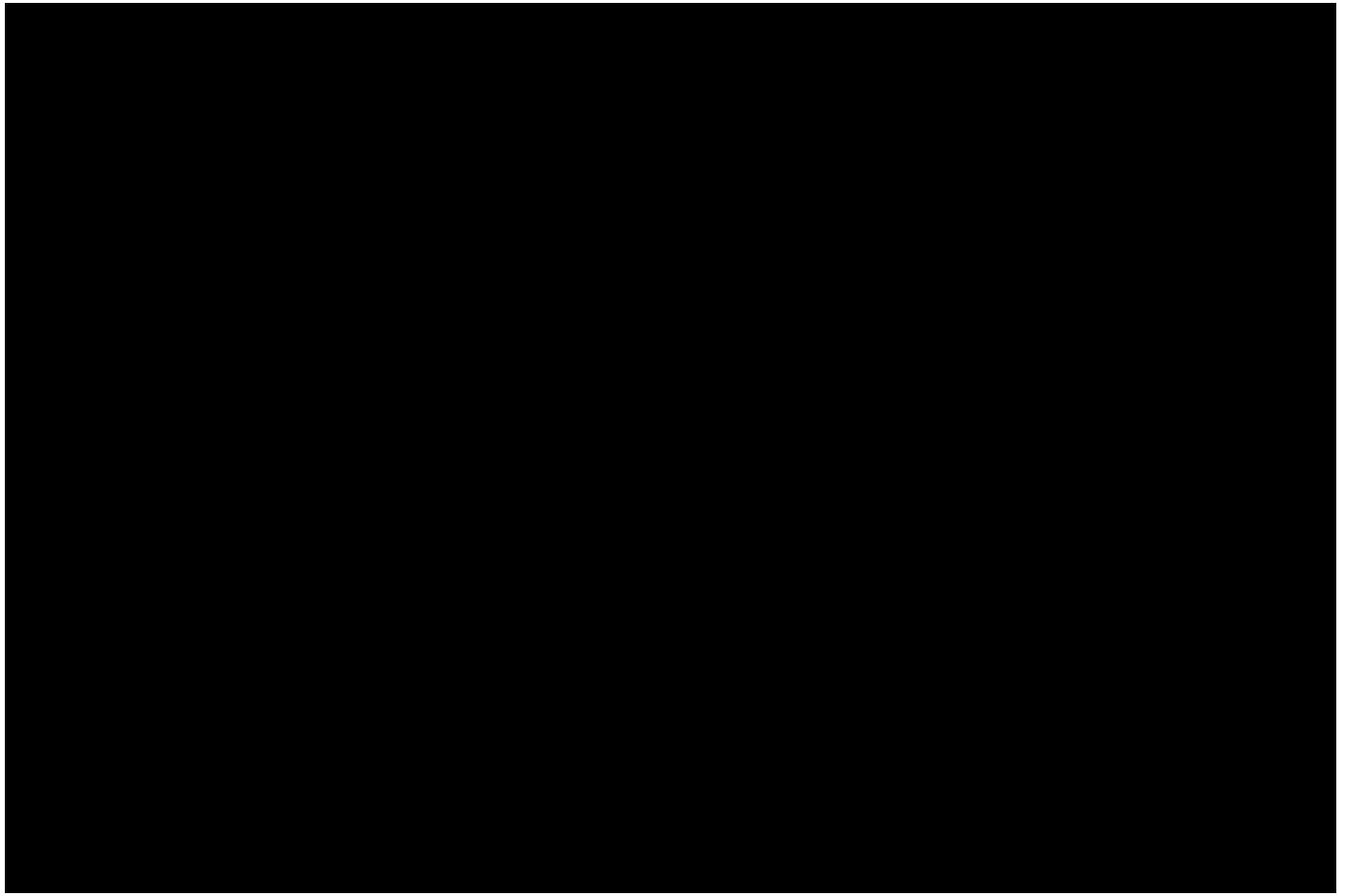
Dentistry: Increasing Toxicity and Oxidative Stress

- Infectious and / or Ischemic Bone Disease
  - Root Canal Infection / Dead Teeth
  - Gum Disease / Infection
  - Cavitation (FDOJ) Lesions / Infection & Noxious Chemokines
- Metal / Chemical Exposure
  - Hg, Fl, Ti, Ni, Au, Ag, Sn, Pd, Fl
- Epigenetics and Oral and Maxillofacial Development
  - Dietary
  - Lifestyle
  - Early Orthodontic Intervention
  - Airway

Mercury

Mercury Fillings

“Smoking tooth”



Safe removal and replacement

Questions Checklist

- ❑ “Do you have any ‘silver’ or mercury fillings?”
- ❑ “May I please look inside your mouth?”
- ❑ If they have them, share the IAOMT website:
  - www.iaomt.org
- ❑ Refer to a biological dentist

Root Canal Therapy

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Posts

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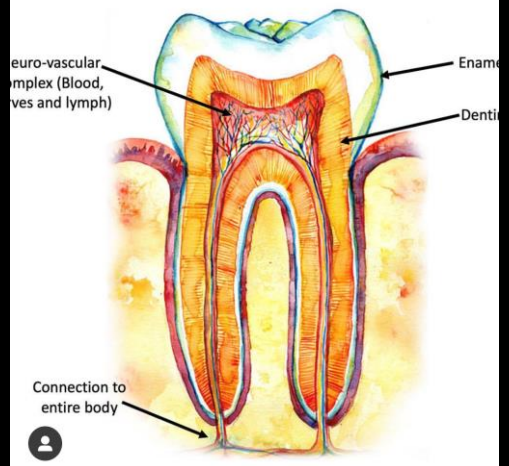

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blodgettdentalcare Toxic ⚠️ Tuesday is back! You know how your dentist is telling you that your root canals... more

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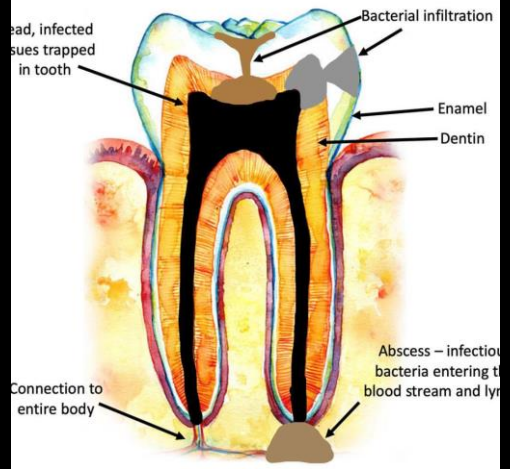

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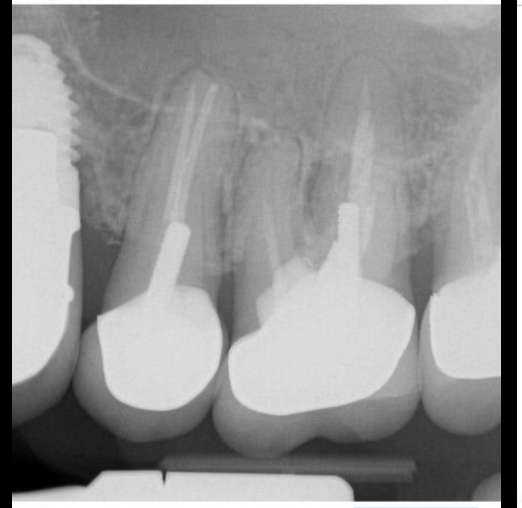

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blodgettdentalcare Toxic Tuesday: Are these even real teeth... more

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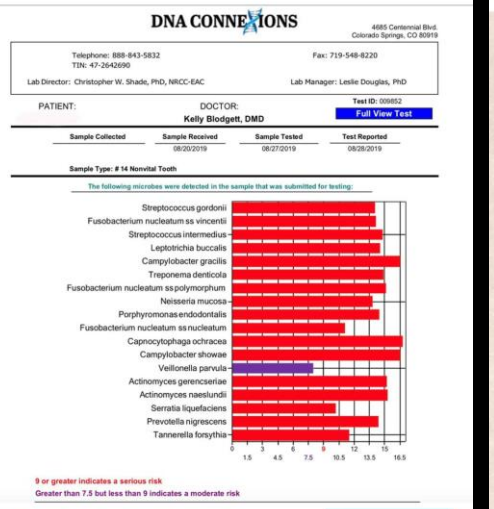

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blodgettdentalcare Toxic Tuesday: Root Canals - Safe or Sorry... more

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Posts

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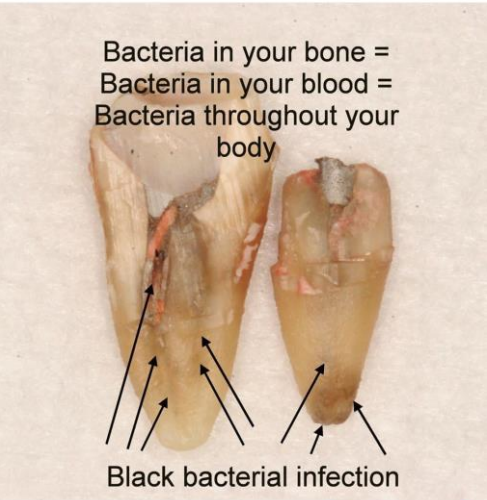

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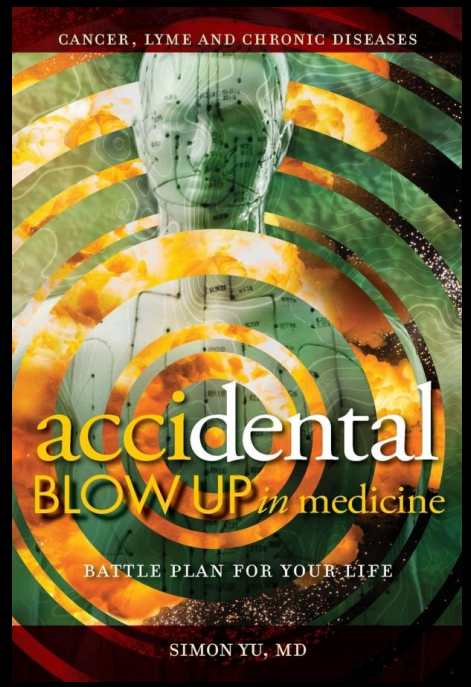
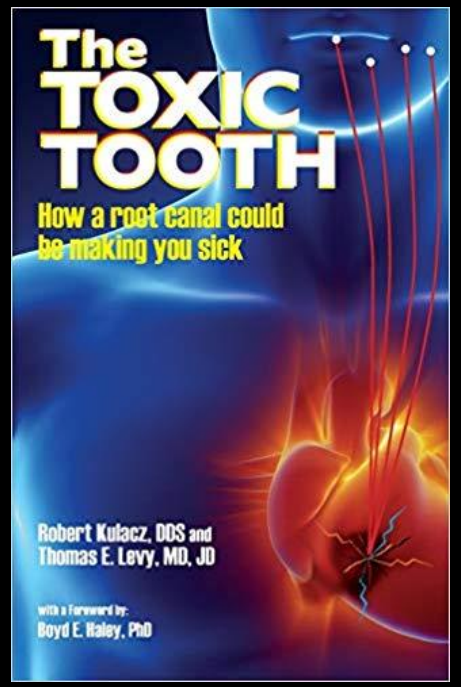
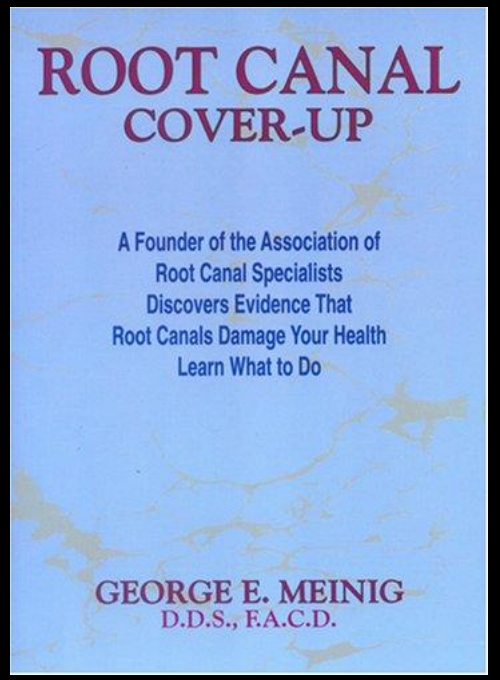
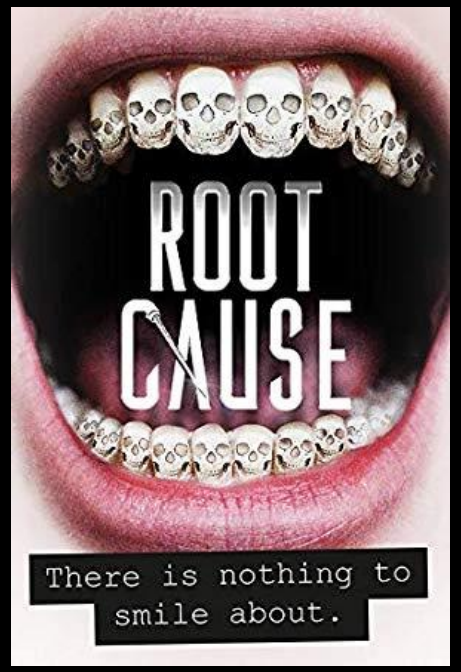
blodgettdentalcare Toxic Tuesday: What we do NOT know FAR EXCEEDS

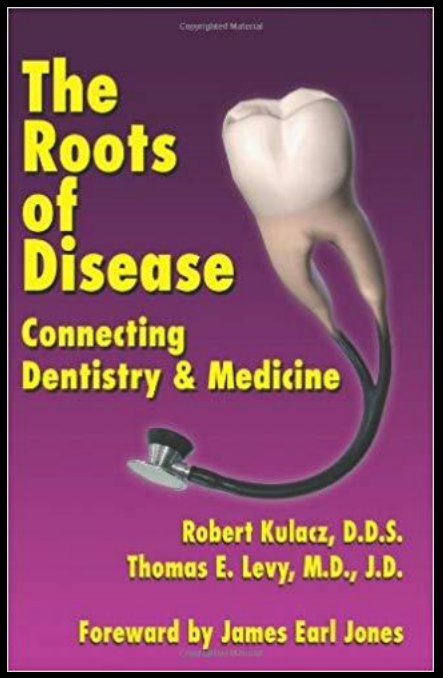
Root Canal Therapy – Resources



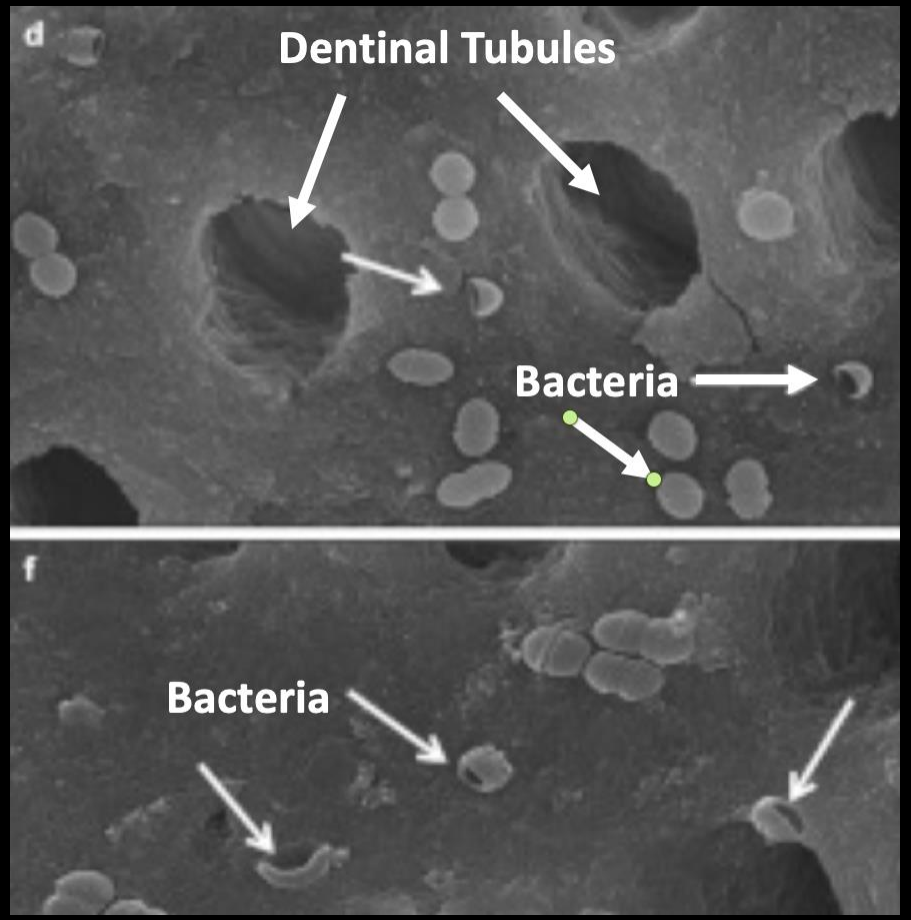


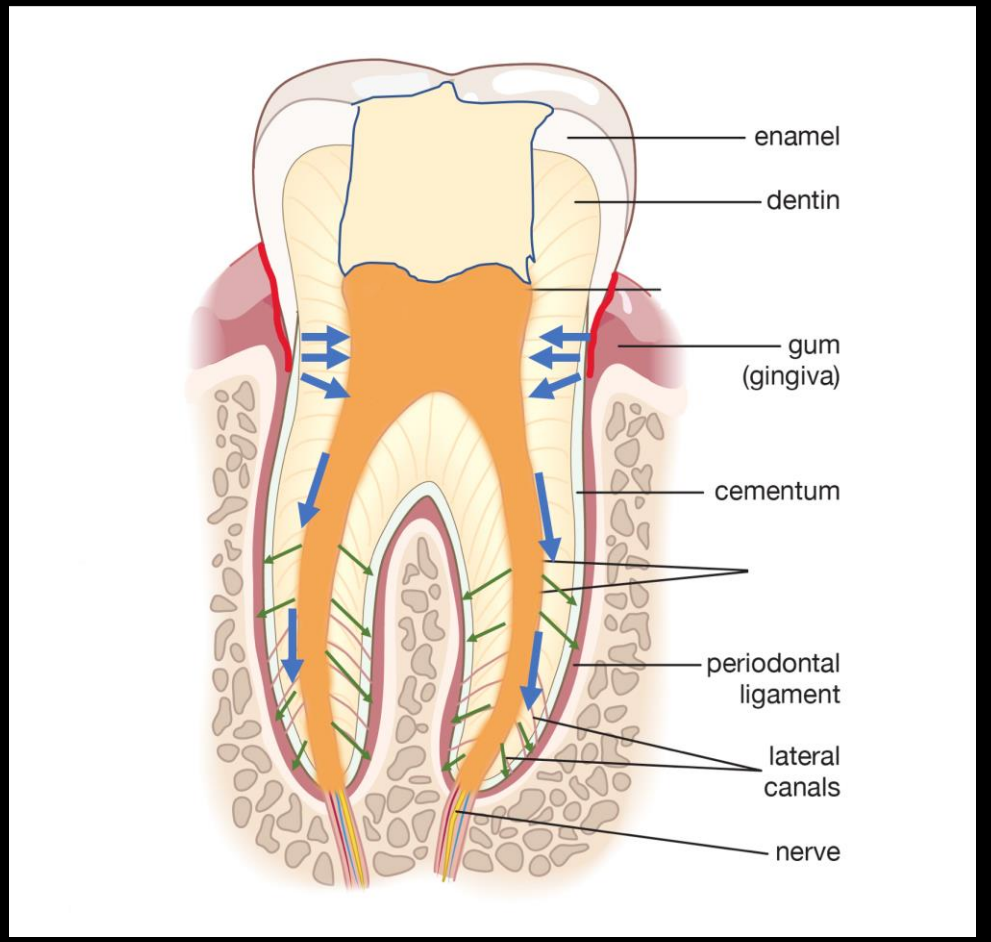


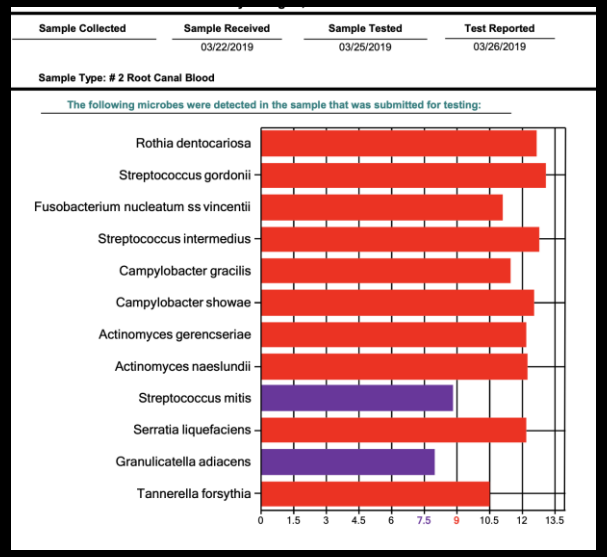


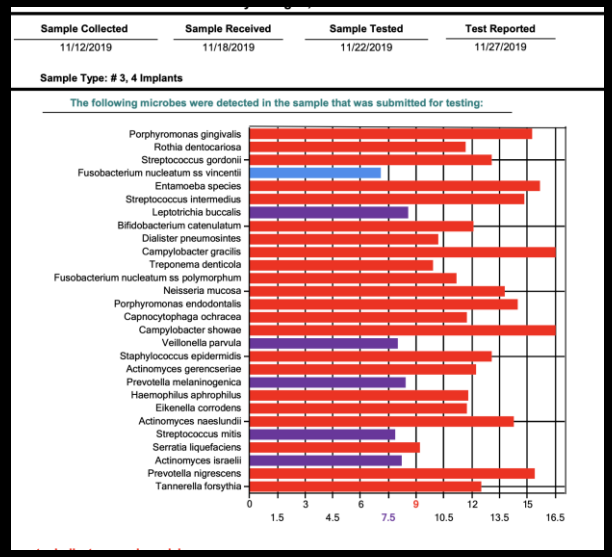


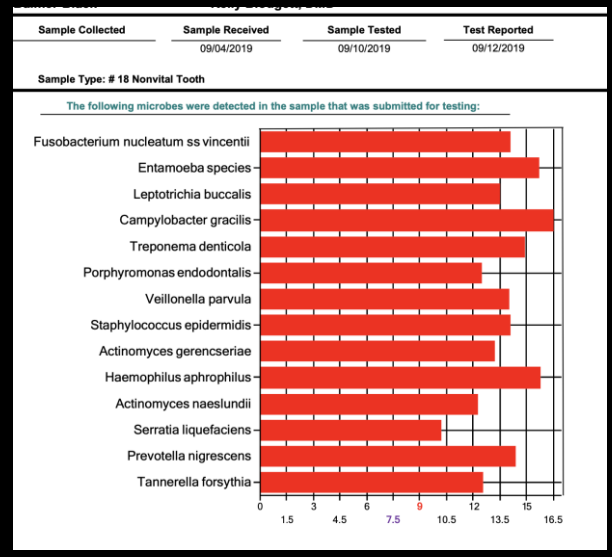
Root Canal Therapy

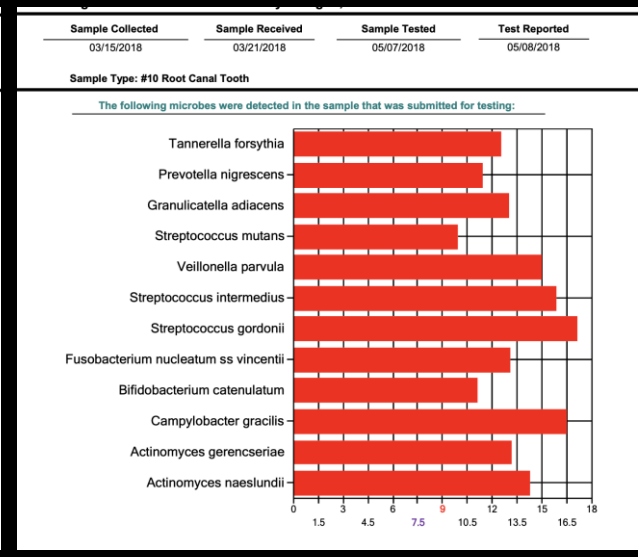


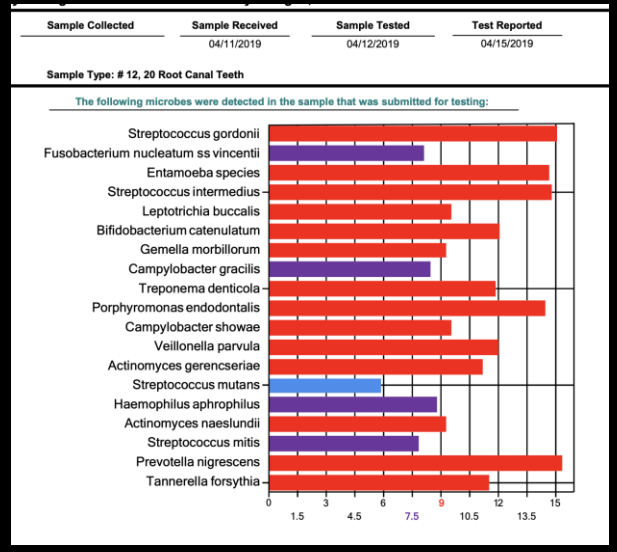


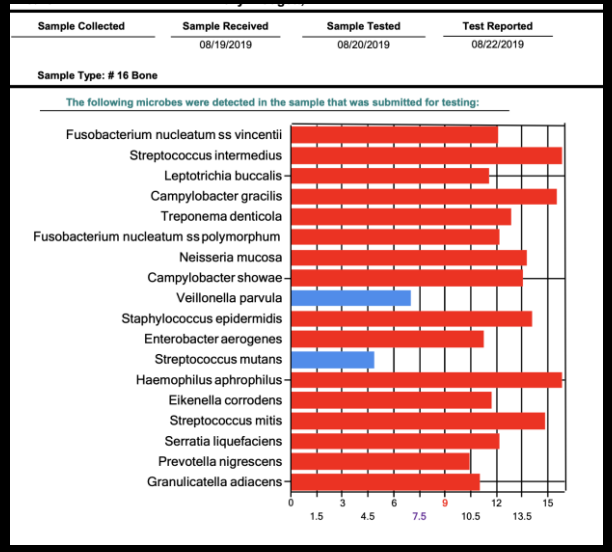


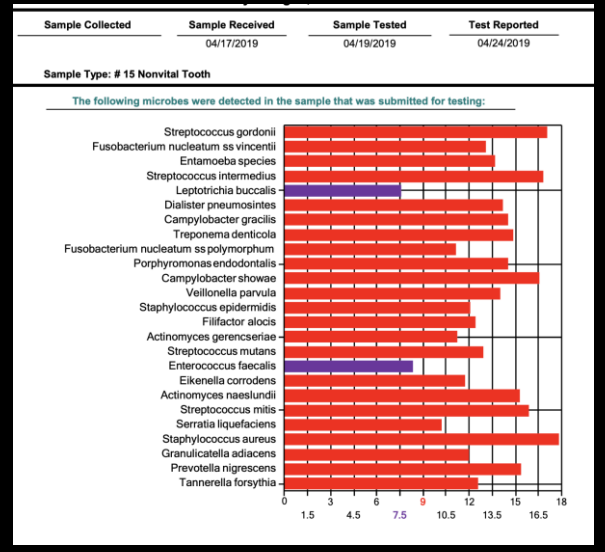


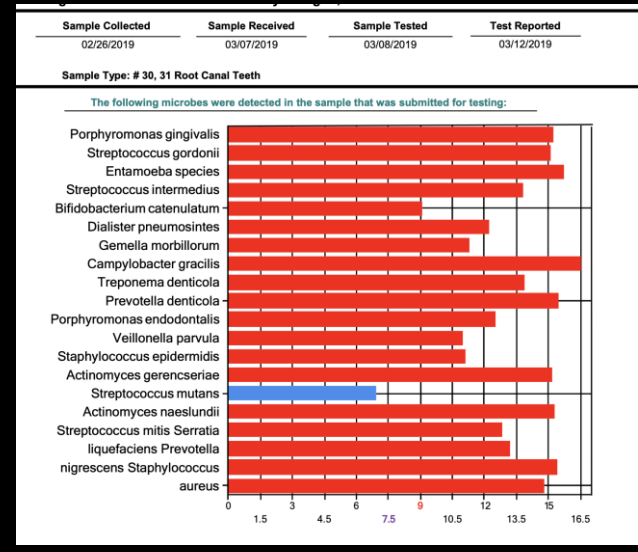












Microbial profiles of root canal-treated teeth

Is this a problem?

"There is emerging evidence that bacteremia and low-grade systemic inflammation associated with apical periodontitis may negatively impact systemic health, e.g., development of cardiovascular diseases, adverse pregnancy outcomes, and diabetic metabolic dyscontrol."
- Medicina, July, 2022

Is this a problem?

Received: 3 December 2021 | Accepted: 7 April 2022

DOI: 10.1111/iej.13747

INTERNATIONAL

Conclusion: IBD, UC and Crohn's disease are associated with higher prevalence of RFT and higher percentage of RFT with periapical lesions. Dentists should consider these findings when caring for IBD patients by monitoring the evolution of periapical lesions of endodontically treated teeth.

José López-López[2]

[1]General and Digestive Surgery Unit, Hospital Universitario Son Espases, School of Medicine, Balearic Islands Health Research Institute, University of Balearic Islands, Palma de Mallorca, Spain

[2]Department of Odontostomatology, Faculty of Medicine and Health

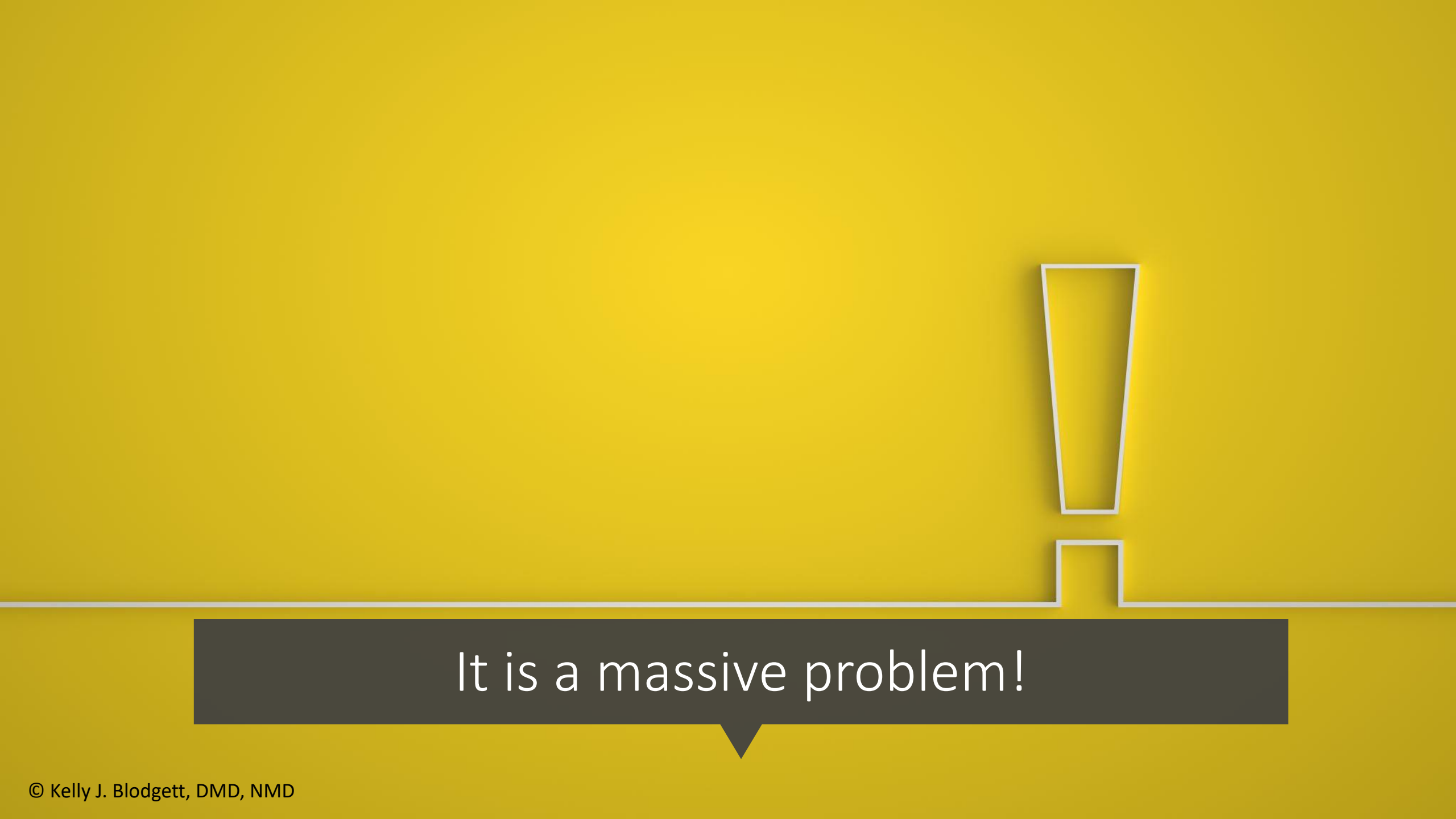
Abstract

Aim: Crohn's disease (CD) and ulcerative colitis (UC) are two chronic recurrent inflammatory processes of the gastrointestinal tract, grouped under the name inflammatory bowel disease (IBD), causing clinical episodes of intestinal inflammation. The aim of this study was to investigate the possible association between IBD and the prevalence of apical periodontitis (AP) and root canal treatment.

Is this a problem?

- Effect of the Progression of *Fusobacterium nucleatum*–induced Apical Periodontitis on the Gut Microbiota. Journal of Endodontics, Aug. 2022

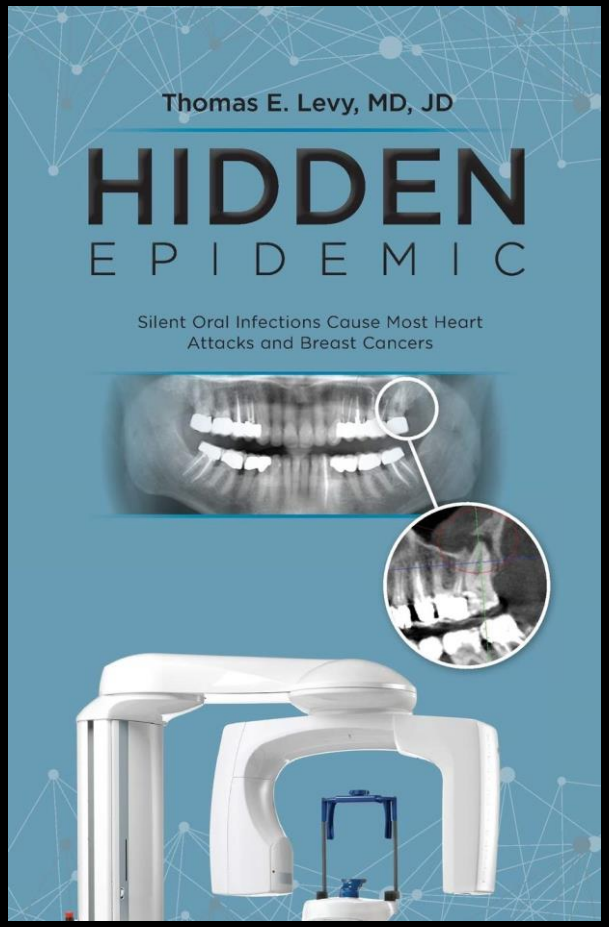
- "The onset of *F. nucleatum*–induced apical periodontitis changed the bacterial flora in the rat gut, heart, liver, and kidney, with a confirmed progressing infection in the large intestines."



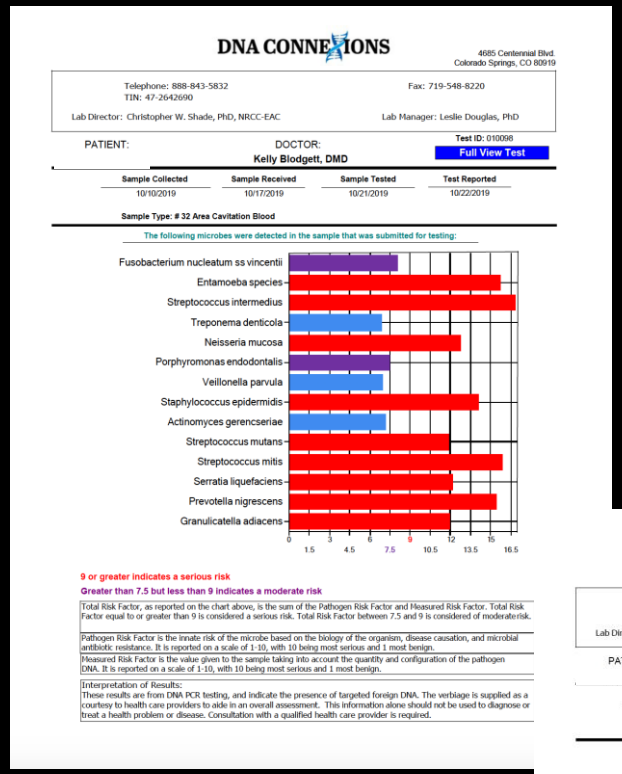
Questions Checklist

- ❑ “Have you ever had a root canal?”
- ❑ “May I get a copy of your latest pano or X-rays?”
- ❑ If they have them, share the IABDM website:
  - www.iabdm.org
- ❑ Refer to a biological dentist

Cavitation Lesions



Cavitation Lesions


DNA CONNEXIONS

4685 Centennial Blvd.
Colorado Springs, CO 80919

Telephone: 888-843-5832
TIN: 47-2642690
Fax: 719-548-8220
Lab Director: Christopher W. Shade, PhD, NRCC-EAC
Lab Manager: Leslie Douglas, PhD

PATIENT:
DOCTOR: Kelly Blodgett, DMD
Test ID: 010098
Full View Test

Sample Collected	Sample Received	Sample Tested	Test Reported
10/10/2019	10/17/2019	10/21/2019	10/22/2019

Sample Type: # 32 Area Cavitation Blood

The following microbes were detected in the sample that was submitted for testing:

Fusobacterium nucleatum ss vincentii
Entamoeba species
Streptococcus intermedius
Treponema denticola
Neisseria mucosa
Porphyromonas endodontalis
Veillonella parvula
Staphylococcus epidermidis
Actinomyces gerencseriae
Streptococcus mutans
Streptococcus mitis
Serratia liquefaciens
Prevotella nigrescens
Granulicatella adiacens

0 1.5 3 4.5 6 7.5 9 10.5 12 13.5 15 16.5

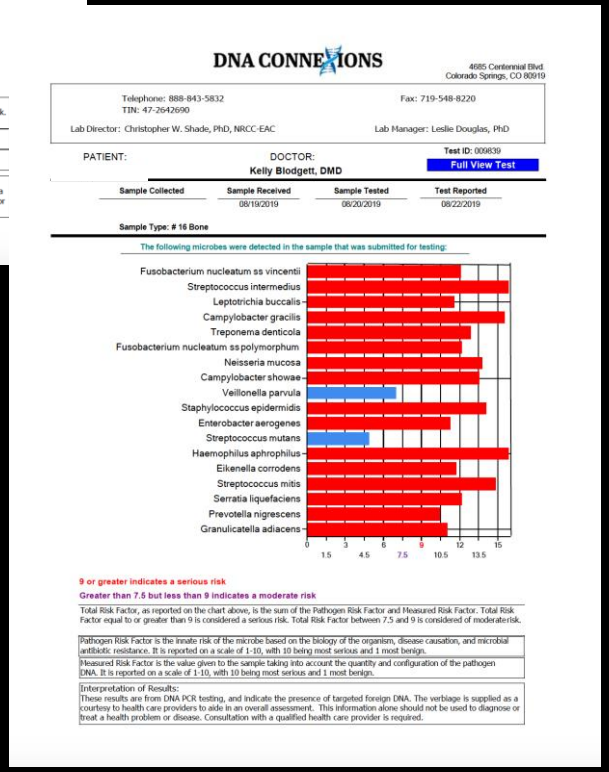
9 or greater indicates a serious risk
Greater than 7.5 but less than 9 indicates a moderate risk

Total Risk Factor, as reported on the chart above, is the sum of the Pathogen Risk Factor and Measured Risk Factor. Total Risk Factor equal to or greater than 9 is considered a serious risk. Total Risk Factor between 7.5 and 9 is considered of moderate risk.

Pathogen Risk Factor is the innate risk of the microbe based on the biology of the organism, disease causation, and microbial antibiotic resistance. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

Measured Risk Factor is the value given to the sample taking into account the quantity and configuration of the pathogen DNA. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

Interpretation of Results:
These results are from DNA PCR testing, and indicate the presence of targeted foreign DNA. The verbiage is supplied as a courtesy to health care providers to aide in an overall assessment. This information alone should not be used to diagnose or treat a health problem or disease. Consultation with a qualified health care provider is required.


DNA CONNEXIONS

4685 Centennial Blvd.
Colorado Springs, CO 80919

Telephone: 888-843-5832
TIN: 47-2642690
Fax: 719-548-8220
Lab Director: Christopher W. Shade, PhD, NRCC-EAC
Lab Manager: Leslie Douglas, PhD

PATIENT:
DOCTOR: Kelly Blodgett, DMD
Test ID: 009839
Full View Test

Sample Collected	Sample Received	Sample Tested	Test Reported
	08/19/2019	08/20/2019	08/22/2019

Sample Type: # 16 Bone

The following microbes were detected in the sample that was submitted for testing:

Fusobacterium nucleatum ss vincentii
Streptococcus intermedius
Leptotrichia buccalis
Campylobacter gracilis
Treponema denticola
Fusobacterium nucleatum ss polymorphum
Neisseria mucosa
Campylobacter showae
Veillonella parvula
Staphylococcus epidermidis
Enterobacter aerogenes
Streptococcus mutans
Haemophilus aphrophilus
Eikenella corrodens
Streptococcus mitis
Serratia liquefaciens
Prevotella nigrescens
Granulicatella adiacens

0 1.5 3 4.5 6 7.5 9 10.5 12 13.5 15

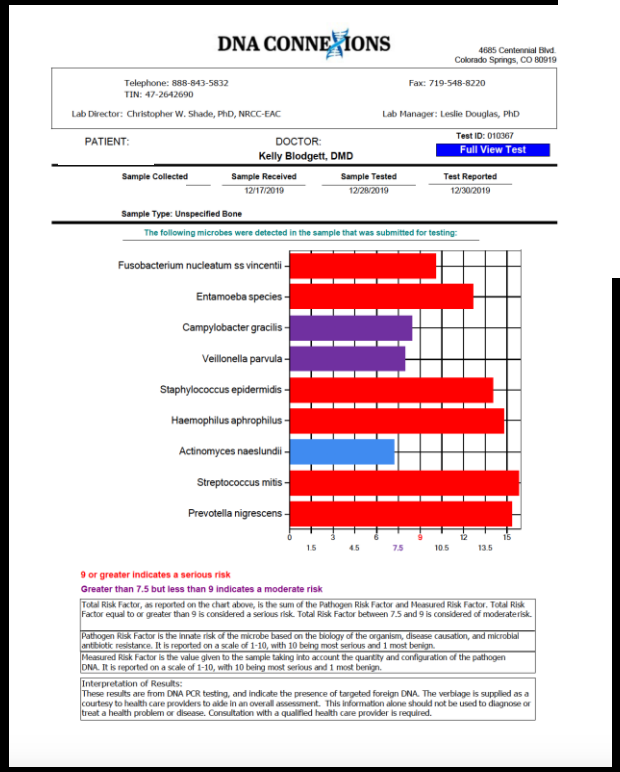
9 or greater indicates a serious risk
Greater than 7.5 but less than 9 indicates a moderate risk

Total Risk Factor, as reported on the chart above, is the sum of the Pathogen Risk Factor and Measured Risk Factor. Total Risk Factor equal to or greater than 9 is considered a serious risk. Total Risk Factor between 7.5 and 9 is considered of moderate risk.

Pathogen Risk Factor is the innate risk of the microbe based on the biology of the organism, disease causation, and microbial antibiotic resistance. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

Measured Risk Factor is the value given to the sample taking into account the quantity and configuration of the pathogen DNA. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

Interpretation of Results:
These results are from DNA PCR testing, and indicate the presence of targeted foreign DNA. The verbiage is supplied as a courtesy to health care providers to aide in an overall assessment. This information alone should not be used to diagnose or treat a health problem or disease. Consultation with a qualified health care provider is required.


DNA CONNEXIONS

4685 Centennial Blvd.
Colorado Springs, CO 80919

Telephone: 888-843-5832
TIN: 47-2642690
Fax: 719-548-8220
Lab Director: Christopher W. Shade, PhD, NRCC-EAC
Lab Manager: Leslie Douglas, PhD

PATIENT:
DOCTOR: Kelly Blodgett, DMD
Test ID: 010367
Full View Test

Sample Collected	Sample Received	Sample Tested	Test Reported
	12/17/2019	12/28/2019	12/30/2019

Sample Type: Unspecified Bone

The following microbes were detected in the sample that was submitted for testing:

Fusobacterium nucleatum ss vincentii
Entamoeba species
Campylobacter gracilis
Veillonella parvula
Staphylococcus epidermidis
Haemophilus aphrophilus
Actinomyces naeslundii
Streptococcus mitis
Prevotella nigrescens

0 1.5 3 4.5 6 7.5 9 10.5 12 13.5 15

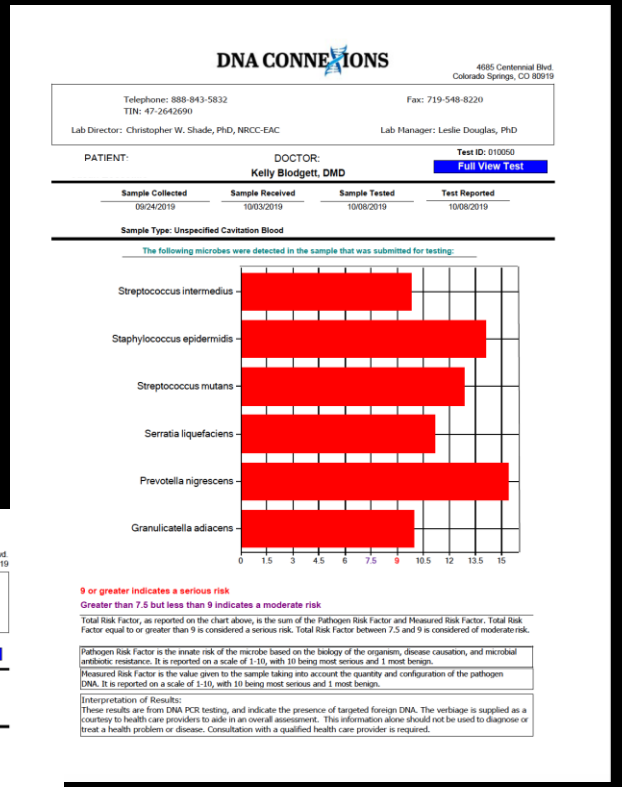
9 or greater indicates a serious risk
Greater than 7.5 but less than 9 indicates a moderate risk

Total Risk Factor, as reported on the chart above, is the sum of the Pathogen Risk Factor and Measured Risk Factor. Total Risk Factor equal to or greater than 9 is considered a serious risk. Total Risk Factor between 7.5 and 9 is considered of moderate risk.

Pathogen Risk Factor is the innate risk of the microbe based on the biology of the organism, disease causation, and microbial antibiotic resistance. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

Measured Risk Factor is the value given to the sample taking into account the quantity and configuration of the pathogen DNA. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

Interpretation of Results:
These results are from DNA PCR testing, and indicate the presence of targeted foreign DNA. The verbiage is supplied as a courtesy to health care providers to aide in an overall assessment. This information alone should not be used to diagnose or treat a health problem or disease. Consultation with a qualified health care provider is required.


DNA CONNEXIONS

4685 Centennial Blvd.
Colorado Springs, CO 80919

Telephone: 888-843-5832
TIN: 47-2642690
Fax: 719-548-8220
Lab Director: Christopher W. Shade, PhD, NRCC-EAC
Lab Manager: Leslie Douglas, PhD

PATIENT:
DOCTOR: Kelly Blodgett, DMD
Test ID: 010050
Full View Test

Sample Collected	Sample Received	Sample Tested	Test Reported
09/24/2019	10/03/2019	10/08/2019	10/08/2019

Sample Type: Unspecified Cavitation Blood

The following microbes were detected in the sample that was submitted for testing:

Streptococcus intermedius
Staphylococcus epidermidis
Streptococcus mutans
Serratia liquefaciens
Prevotella nigrescens
Granulicatella adiacens

0 1.5 3 4.5 6 7.5 9 10.5 12 13.5 15

9 or greater indicates a serious risk
Greater than 7.5 but less than 9 indicates a moderate risk

Total Risk Factor, as reported on the chart above, is the sum of the Pathogen Risk Factor and Measured Risk Factor. Total Risk Factor equal to or greater than 9 is considered a serious risk. Total Risk Factor between 7.5 and 9 is considered of moderate risk.

Pathogen Risk Factor is the innate risk of the microbe based on the biology of the organism, disease causation, and microbial antibiotic resistance. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

Measured Risk Factor is the value given to the sample taking into account the quantity and configuration of the pathogen DNA. It is reported on a scale of 1-10, with 10 being most serious and 1 most benign.

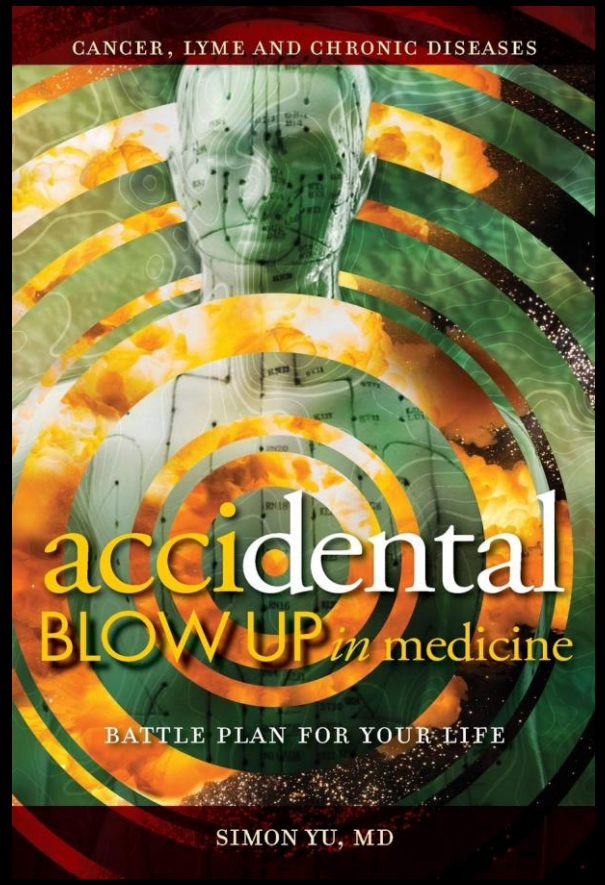
Interpretation of Results:
These results are from DNA PCR testing, and indicate the presence of targeted foreign DNA. The verbiage is supplied as a courtesy to health care providers to aide in an overall assessment. This information alone should not be used to diagnose or treat a health problem or disease. Consultation with a qualified health care provider is required.

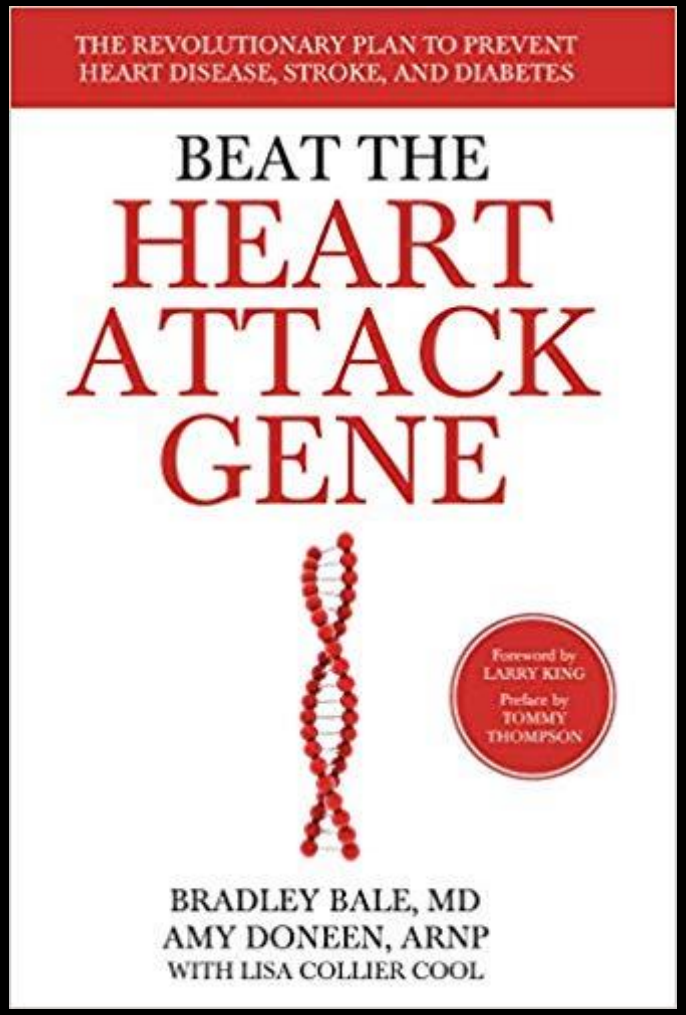
Questions Checklist

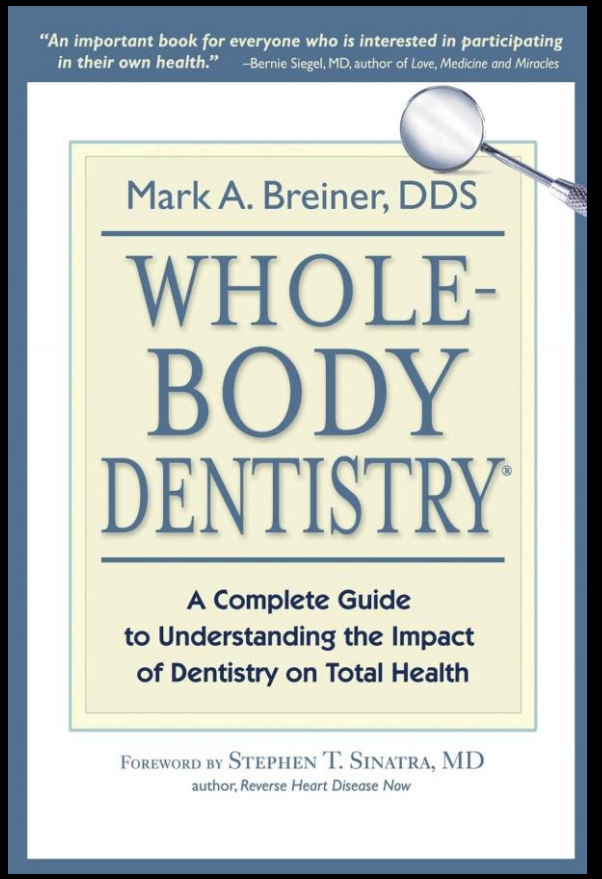
- ❑ “Have you ever had teeth removed? Wisdom teeth?
- ❑ “How was your healing experience?”
- ❑ Refer to a biological dentist

Bleeding Gums?

Perio Neglect







Questions Checklist

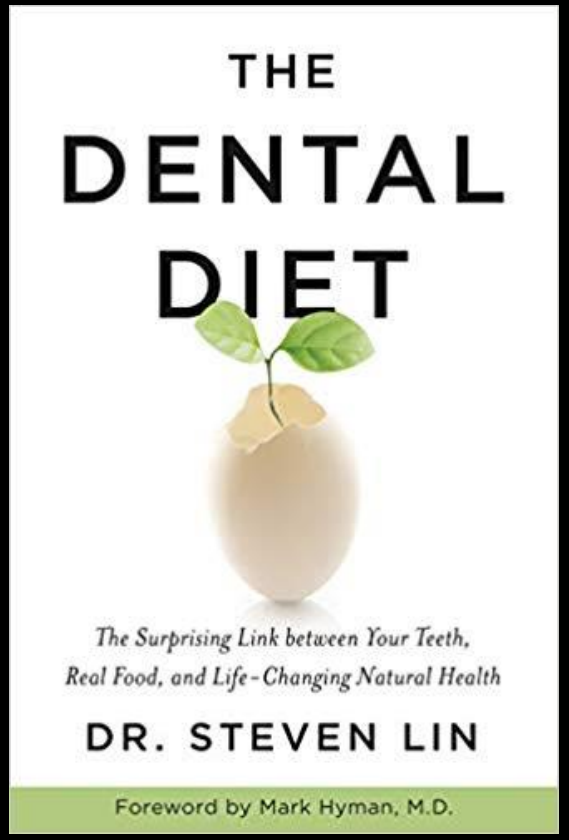
- ❑ “Do your gums bleed when your brush or floss?”
- ❑ “Has a dentist/hygienist mentioned that you have gum disease or gingivitis?”
- ❑Refer to a biological dentist

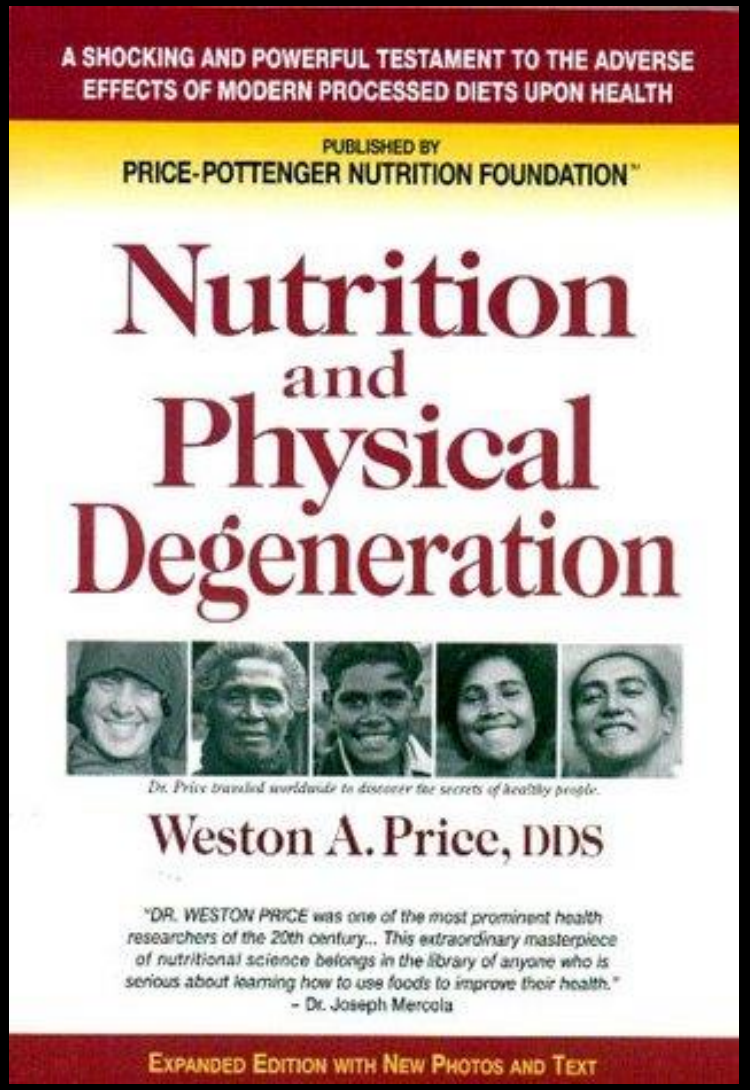
Metal Exposure

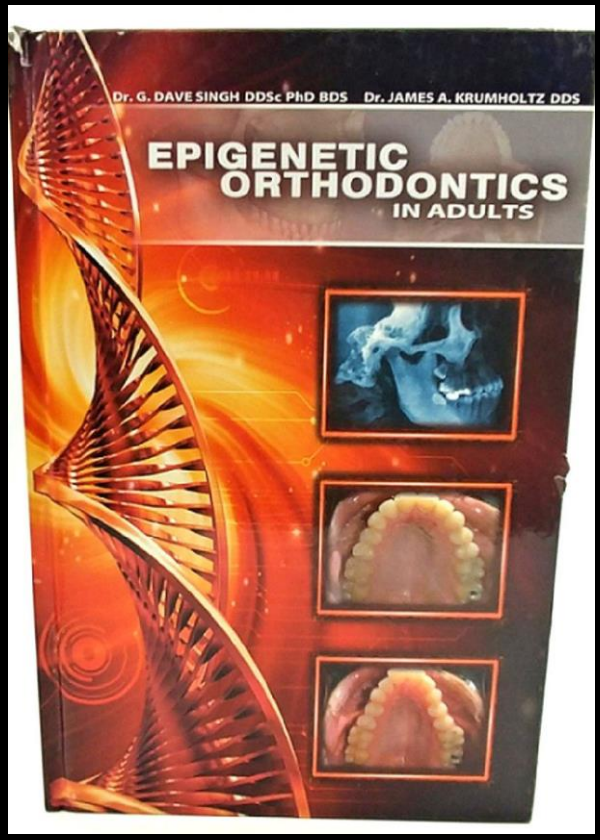
Questions Checklist

- ❑ “Have you ever had a dental implant?”
- ❑ “Have you ever had metal braces on your teeth?”
- ❑ Refer to a biological dentist

Epigenetic Influence







Patient Stories – Bonnie P.

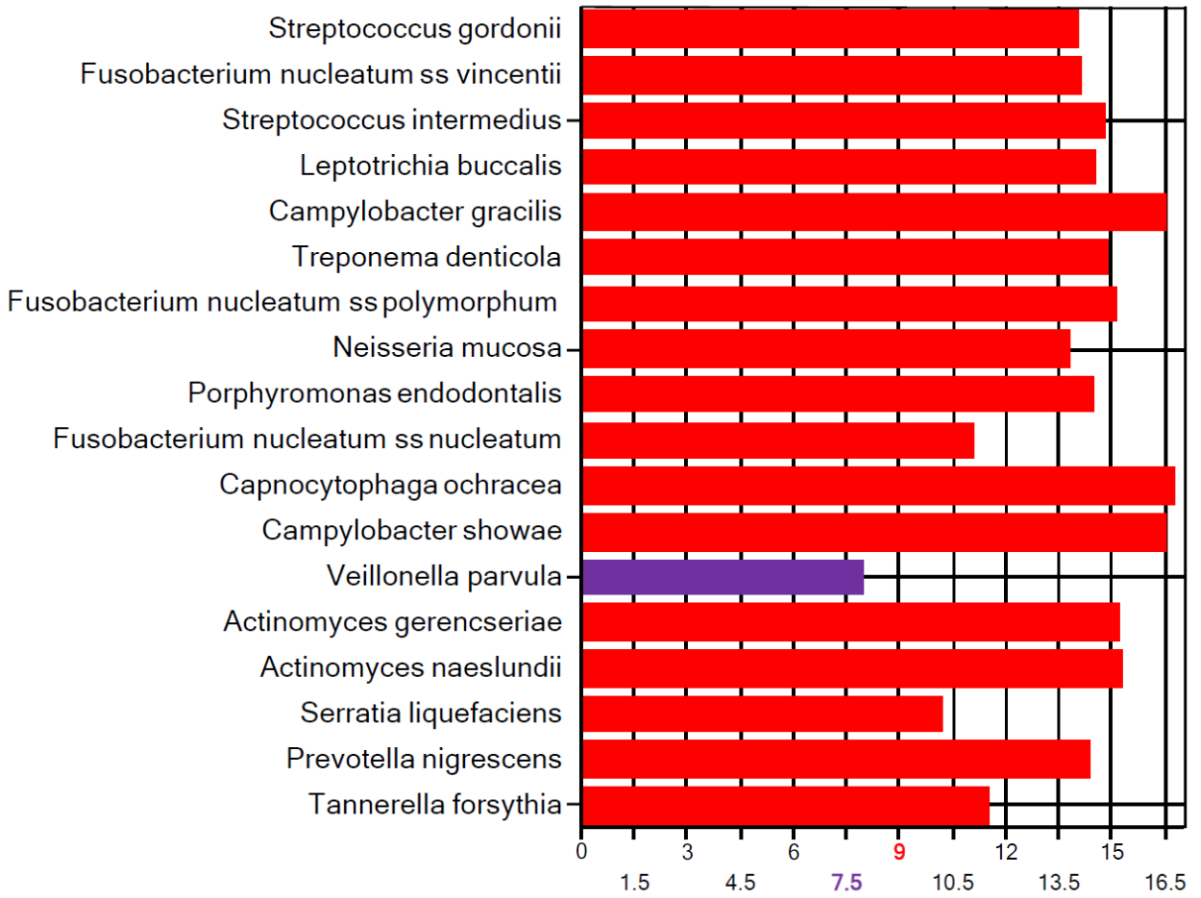
Patient Stories – Bonnie P.

Patient Stories – Bonnie P.

Sample Collected	Sample Received	Sample Tested	Test Reported
	08/20/2019	08/27/2019	08/28/2019

Sample Type: # 14 Nonvital Tooth

The following microbes were detected in the sample that was submitted for testing:



Patient Stories – Bonnie P.

Traditional vs. Biological/Holistic Dentistry

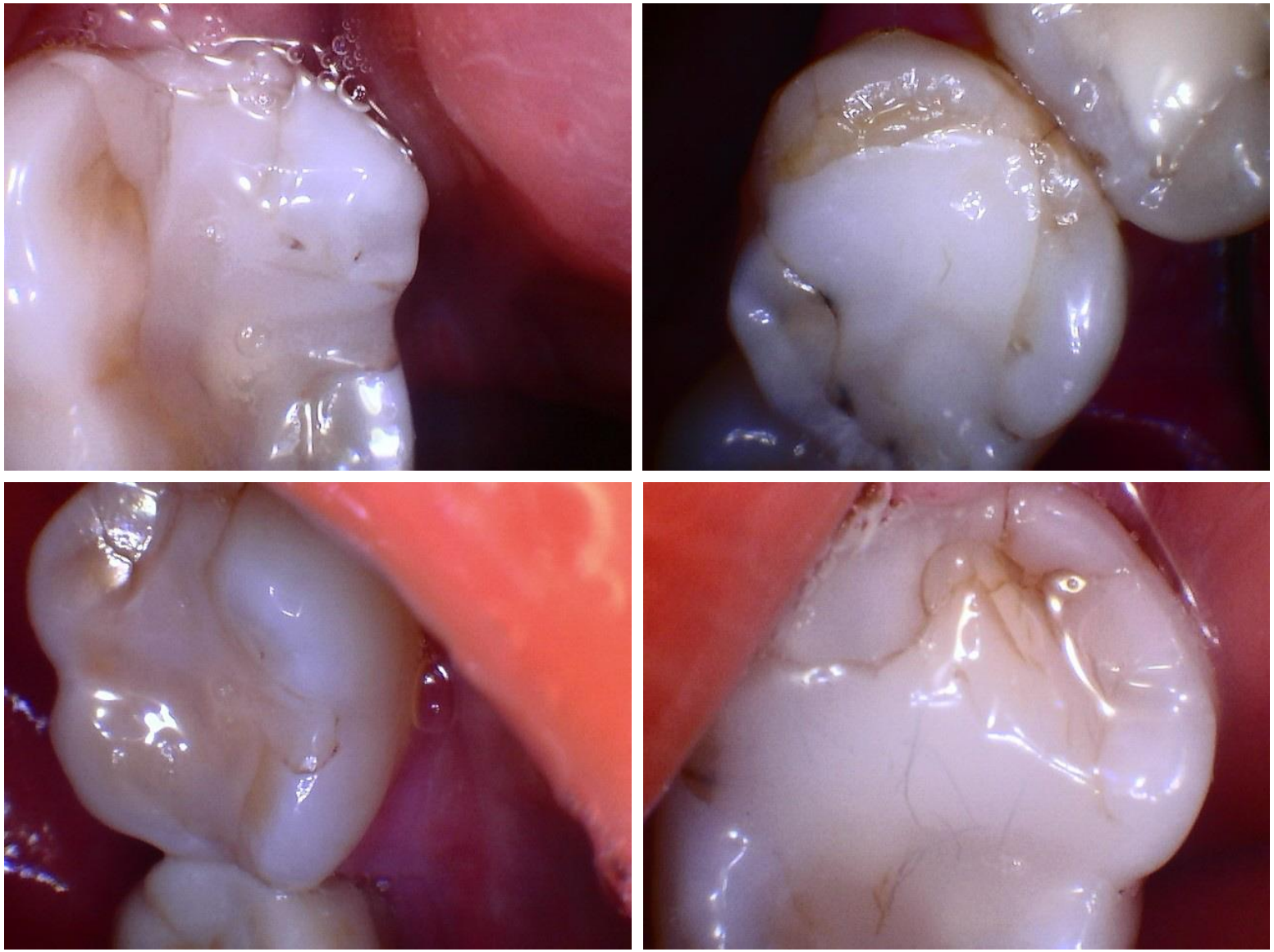
Traditional vs. Biological/Holistic

BDC photo: 2013

Traditional vs. Biological/Holistic

BDC photo: 2013

Traditional vs. Biological/Holistic



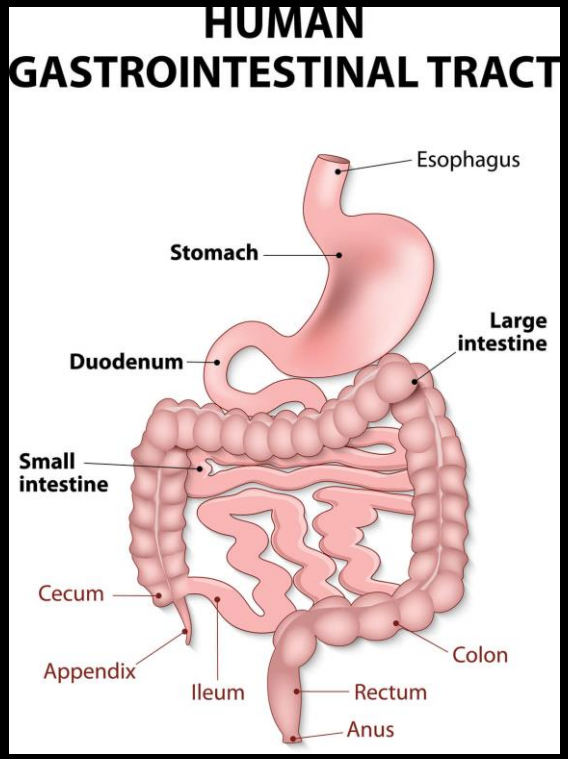
Other dentist photo: 2023

Choosing a dentist:

- What are your goals?
- Due diligence
- Make a connection!

What are we treating?

OR



OR

It takes a team!

Get help for your patients before it’s too late!

Questions to ask:

Mercury/Silver fillings?	Root canals?
Teeth (esp. wisdom teeth) extracted?	Bleeding gums?
Metal exposure (braces, titanium implants)?	Fluoride?

To learn more:

THE AMERICAN ACADEMY FOR ORAL SYSTEMIC HEALTH

ACIMD — American College of Integrative Medicine and Dentistry

HDA Holistic Dental Association
Since 1978 Alternative Dentistry for the 21st Century
Improving Overall Health Through Dentistry

International Academy of Oral Medicine & Toxicology

iabdm
International academy of biological dentistry & medicine

To learn more:

- IG - @blodgettdentalcare
- FB – Blodgett Dental Care
- YouTube, Spotify, Apple Pocasts – Dr. Kelly Blodgett

The Dental Dilemma: How poor nutrition leads to dental disease which leads to toxic tooth treatments

Kelly Blodgett

CEC Code: 96338